UCDAVIS

Medical Therapy and Intervention Do Not Improve Uncomplicated Isolated Mesenteric Artery Dissection Outcomes Over Observation Alone

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Objective

Isolated dissection of the mesenteric vessels is rare but increasingly encountered.



Figure 1. Radiographic imaging showing isolated dissection of the SMA.

Our study aimed to evaluate patient characteristics, primary treatment, and subsequent outcomes of IMAD using multiinstitutional data from 12 tertiary hospitals.

Methods

EMR query for ICD-9-CM code of 443.29 ('Dissection of other artery')

> Excluded patients with a concomitant aortic dissection

Radiology picture archiving and communication system searched for free text diagnosis of mesenteric dissection

Demographic, radiographic, treatment, and follow up data collected for 227 total patients. Outcomes included late vessel thrombosis (LVT) and aneurysmal degeneration (AD).



Figure 2. Treatment of IMAD in symptomatic and asymptomatic patients. Treatment data was unavailable for 6 symptomatic patients (3%) and for 1 asymptomatic patient (2%).



Outcomes

Patient Characteristics and Treatment Groups

Patient Characteristic	Symptomatic Patient	Asymptomatic Patients
	N = 162	N = 65
Age (mean ±sd)	55 ± 11	59 ± 15
Sex (%)		
Female	29 (18)	12 (18)
Male	131 (81)	52 (80)
Unknown	2 (1)	1 (2)
Hypertension (%)	73 (45.1)	35 (53.8)
Coronary Artery Disease (%)	15 (9.3)	12 (18.5)
Connective Tissue Disorder ^a (%)	3 (1.9)	3 (4.6)
Smoking History (%)		
Current or Prior	82 (50.6)	38 (58.5)
Never	80 (49.4)	27 (41.5)

Table I. Patient characteristics in symptomatic and asymptomatic patients with IMAD. ^aIncludes Ehlers-Danlos syndrome, antiphospholipid syndrome, polyarteritis nodosa, and rheumatoid arthritis

Anticoagulation N=60

- observation



Outcomes Cont'd



Conclusions

 Asymptomatic patients with IMAD may be observed and followed up with intermittent imaging

 Surgical intervention does not improve outcomes in symptomatic patients without ischemia over medical management or

• Symptomatic patients without ischemia do not require anticoagulation therapy